

Thunderbunny 50K, 25K, 12K Crew & Spectator Guide

Rules:

- Crews may not provide aid at any other aid station except for the ones listed on the below guide.
- Crews must abide by all traffic signs and parking designations on roadway and the ones listed below.
- Crews must respect aid station workers and listen to their instructions.
- Crews or spectators ARE NOT ALLOWED to eat from the aid stations. Aid station food is only for runners.
- Please be careful on neighborhood roads and watch for children and walkers/runners.
- When driving in Strouds Run State Park area, be cautious of runners as they are crossing roads several times during their race.
- Lastly, support your runner, cheer on others, and enjoy Athens!

1. To Sundown/Chestnut Clearing Aid Station

- Mile 8.35

Directions

A short ¼ mile walk to the end of the beach parking lot. Leave your car parked where it is and walk to the end of the parking lot, to the 8.35 mile aid station in the small clearing in the woods.



2. To Dow Lake Dam Aid Station (Drop Bag location)

- Mile 14.1

Directions in Car

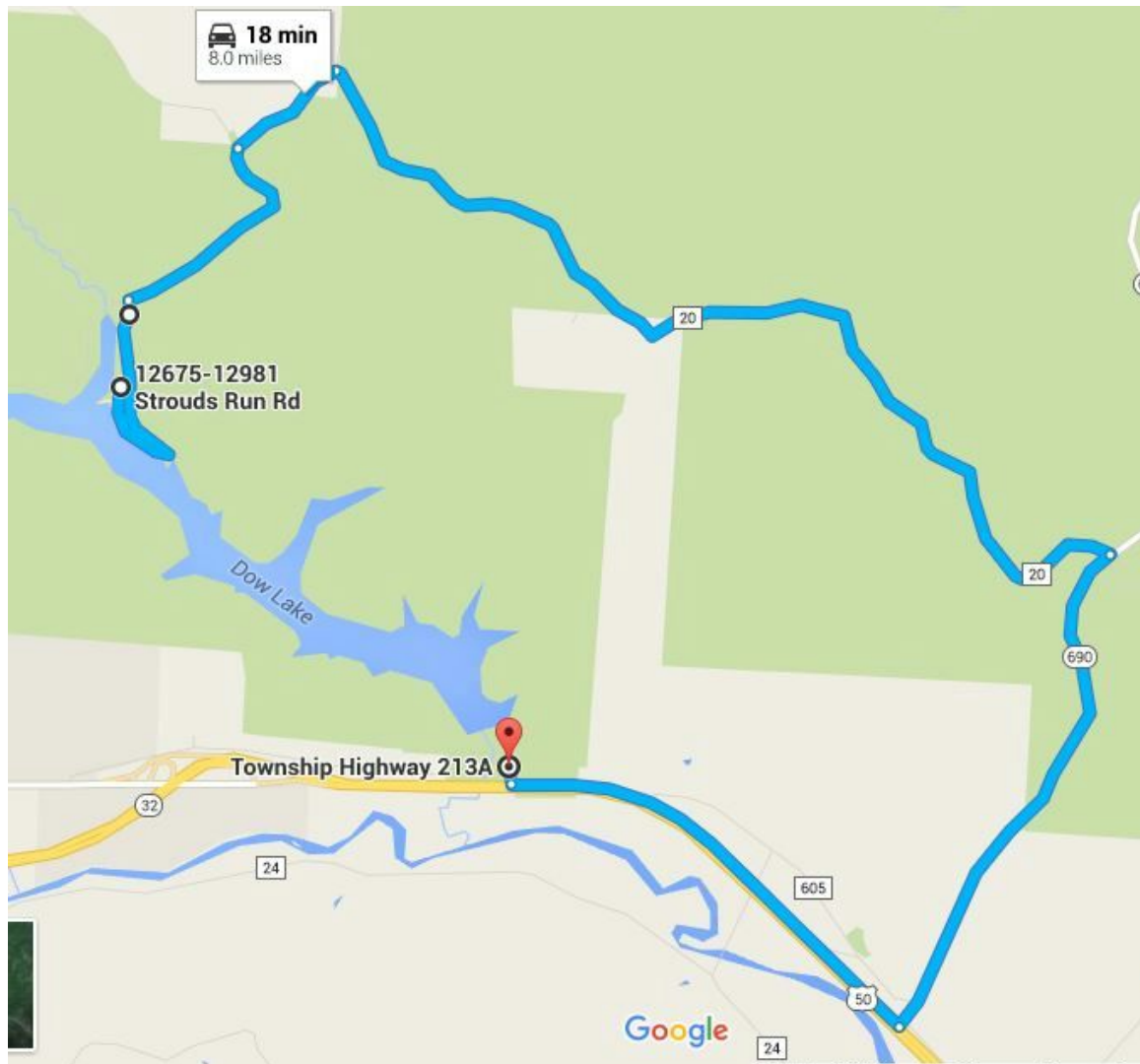
8 miles, 18 minutes

- Exit beach parking lot, turn right onto Strouds Run Rd. .7 miles
- Strouds Run Rd. turns into Scatter Ridge Rd. after veering right. .4 miles
- Make sharp right turn to stay on Scatter Ridge Rd. 3.1 miles
- Turn right onto OH-690 S 1.6 miles
- Turn right onto US-50 W 1.4 miles
- Turn right into Dow Lake Dam parking lot (after seeing signs)

Parking: Ample parking in the parking lot of Dow Lake Dam.

*Spectators crewing or watching **25K runners** will head back to the start line.

*Spectators crewing or watching 50K runners will follow the guide to the next aid station.



3. To Hope Drive Aid Station (Drop Bag location)

- Mile 20.5

Directions in Car

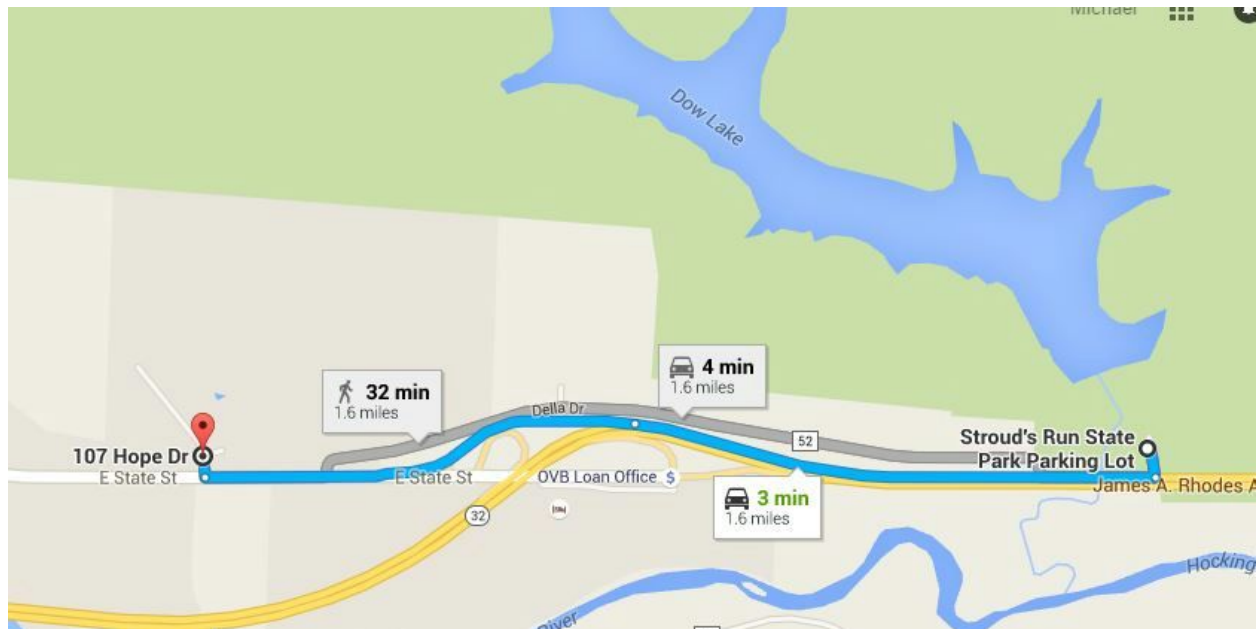
1.6 miles, 3 minutes

- Exit Dow Lake Dam parking lot and turn right onto US-50 W .8 miles
- Take the exit for East State Street .7 miles
- Turn right onto Hope Drive
- Aid Station is 365 feet on your left at the gate

Parking: Find parking along street or at Apartment Complex lot just beyond aid station.

*Do Not Block Road or Park in Undesignated Spots

*After leaving Hope Drive Aid Station, crew and spectators will pass by many restaurants and businesses on East State Street.



4. To Sells Park Aid Station

- Mile 25

Directions in Car

2.2 miles, 7 minutes

- Exit Hope Drive and turn right onto East State Street 1.7 miles
- After several traffic lights, turn right onto Avon Place .4 miles
- Avon Place dead ends into Sells Park where the aid station is.

- Parking: There is a small parking lot at Sells Park - please park before Sells Park along the neighborhood streets.

A map showing a route from 68 Avon Pl to 12-906 Hope Dr. The route is highlighted in blue. Key locations along the route include Sells Park, Hillcrest Rd, Dalton Ave, Jacobs Dr, Euclid Dr, Grand Park Blvd, Edson Pl, Townsend Pl, Athens Mall Shopping Center, Walmart Supercenter, Lowe's Home Improvement, and Cook Dr. The Hocking River is visible at the bottom. A callout box indicates a travel time of 7 minutes and a distance of 2.2 miles.

- Mile 31.3

5.9 miles, 15 minutes

- Return to East State Street on Avon Place .4 miles
- Turn right onto East State Street .7 miles
- At traffic light beside Speedway, turn right onto North May .2 miles
- Stay straight at stop sign onto Cable Lane (steep, curvy, hill) .9 miles
- Turn right at stop sign onto Strouds Run Rd. .2 miles
- Turn right at stop sign to stay on Strouds Run Rd. 3.2 miles
- After coming into Strouds Run Area, turn into Beach Lot

*As you are coming into the Beach Parking Lot to the finish area, please drive slowly as runners will be crossing Strouds Run Road and finishing on the same road you will be driving on.

