

## Thunderbunny 50K Course turn-by-turn

-Start at Boat Ramp/Beach Lot area	
-Run out of Beach Rd. to State Park Rd.	<b>.3 miles</b>
-Turn left on State Park Rd.	<b>.1 miles</b>
-Turn left into old parking lot to enter Strouds Run Trail	<b>.55 miles</b>
-Stay straight through shelter clearing on SR Trail	<b>.3 miles</b>
-Cross Strouds Run Rd. and enter Thunderbunny Trail	<b>2.75 miles</b>
<b>-Aid Station at Hollow Point Entrance (4mi)-</b>	
-Cross State Park Rd. and enter Hollow Point Trail	<b>3.4 miles</b>
-Turn left on State Park Rd.	<b>.05 miles</b>
-Turn immediate left on Strouds Run Rd.	<b>.05 miles</b>
-Turn immediate right on Beach Rd.	<b>.05 miles</b>
-Enter Sundown Trail at very beginning of Beach Road	<b>.8 miles</b>
<b>-Aid Station at Sundown/Chestnut Clearing (8.35mi)</b>	
-Continue on Sundown Trail	<b>1.55 miles</b>
-Continue on Sundown Trail through Whitesel Junction	<b>4.15 miles</b>
-Left at end of Sundown Trail to Dam Parking Lot	<b>.05 miles</b>
<b>-Aid Station at Dow Lake Dam Lot (14.1mi)-</b>	
-Turn around and go up hill to Dow Lake Dam top	<b>.1 miles</b>
-Turn left across dam onto Hickory Trail	<b>2.8 miles</b>
<b>-Aid Station Gillette Junction (17mi)-</b>	
-Turn left onto Trace Trail	<b>.1 miles</b>
-Turn left onto Finger Rock Trail	<b>.95 miles</b>
-Turn left onto Athens Trail (start out and back)	<b>.9 miles</b>
-Veer left onto Reservoir Trail	<b>.5 miles</b>
-At gravel make hard right and follow to aid station	<b>.9 miles</b>
<b>-Aid Station at Hope Drive (19.65mi)-</b>	
-Turn around and go back on Athens Trail on gravel	<b>.4 miles</b>
-Make hard left onto Athens Trail off of gravel	<b>1.2 miles</b>
-Veer left to stay on Athens Trail at Finger Rock inter.	<b>.5 miles</b>
-Turn left on White Oak Trail	<b>.25 miles</b>
-Make detour into Turtlehead Cave to punch bib and turn around	<b>.1 miles</b>
-Turn hard right to continue on Rock House Trail	<b>2.5 miles</b>
-Turn left onto Athens Trail down to Sells Park	<b>.15 miles</b>
<b>-Aid Station at Sells Park (25mi)-</b>	
-Continue out of Sells Park onto Rock House Trail	<b>.3 miles</b>
-Turn sharp left onto Athens Trail	<b>.7 miles</b>
-Turn left on Trace Trail	<b>1.2 miles</b>
<b>-Aid Station at Gillette Junction (27.3mi)-</b>	
-Left from Aid Station to Thunderbunny Trailhead	<b>.1 miles</b>
-Cross Strouds Run Rd. and enter Thunderbunny Trail	<b>2.75 miles</b>
-Turn right on State Park Road and veer into campground	<b>.6 miles</b>
-Turn left on Strouds Run Rd.	<b>.05 miles</b>

-Turn immediate right on Beach Rd. and run to finish **.3 miles**  
**-Finish at Beach Parking Lot (31mi)-**